

# HELPFUL CONNECTIONS

You are not alone, call any of the hotlines below.

If you or someone you know is in danger of immediate harm, call 911



## 211 LOS ANGELES COUNTY

2-1-1

<http://www.211la.org/>

211 Youth Services Website: <https://www.211la.org/youth-portal/>

211 LA is the main source for providing information and referrals for all health and human services in LA County.

Trained Community Resource Advisors are available 24 hours a day to offer help with any situation, any time.

## ADULT PROTECTIVE SERVICES ABUSE REPORT HOTLINE, LA COUNTY

(877) 477-3646

<https://wdacs.lacounty.gov/programs/aps/>

A 24-hour service program dedicated to investigating all situations involving seniors (age 65 and older), and dependent adults (age 18-64 and physically or mentally impaired) who are reported to be endangered by physical, sexual or financial abuse, isolation, neglect, or self-neglect.

## CHILDHHELP NATIONAL CHILD ABUSE HOTLINE

(800) 422-4453

<https://www.childhelp.org/hotline/>

Dedicated to the prevention of child abuse. This 24-hour hotline provides crisis intervention and referrals to local social services and support resources.

## COALITION TO ABOLISH SLAVERY AND TRAFFICKING (CAST) HOTLINE

(888) 539-237

(888) KEY-2-FREE

(213) 262-1727

<https://www.castla.org/>

A 24-hour service program dedicated to assisting persons trafficked for the purpose of forced labor and slavery-like practices, including sex trafficking, by providing and connecting individuals to legal services, mental health services, and shelters.

## LA COUNTY DEPARTMENT OF CHILDREN AND FAMILY SERVICES CHILD PROTECTION

(800) 540-4000

For mandated child abuse and public reporting, including the commercial sexual exploitation of children (CSEC) available 24/7.

## LA COUNTY DEPARTMENT OF MENTAL HEALTH ACCESS HOTLINE

(800) 854-7771

Entry point for mental health services in LA County including crisis evaluation teams, information and referrals, interpreter services and patient transport available 24/7. Call if you or someone you know needs mental health services.

## LA COUNTY DOMESTIC VIOLENCE HOTLINE

(800) 978-3600

Provides 24-hour assistance to domestic violence survivors by connecting to local shelters and other support resources.

## LA RAPE AND BATTERING HOTLINE

213-626-3393 (CENTRAL LOS ANGELES)

310-392-8381 (SOUTH LOS ANGELES)

626-793-3385 (WEST SAN GABRIEL VALLEY)

A 24/7 confidential non-judgmental resource where staff and volunteers are available to provide emotional support, advocacy, information and referrals.

 Domestic Violence

 Sexual Violence

 Human Trafficking



For questions or concerns, contact the Office of Women's Health Gender Based Violence Unit at [GBV@ph.lacounty.gov](mailto:GBV@ph.lacounty.gov)

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## LGBT CENTER STOP DOMESTIC VIOLENCE PROJECT

**(323) 860-5806**

<https://lgbtcenter.org/health-services/mental-health/intimate-partner-domestic-violence>

Offers services by LGBT-domestic violence specialists, including certified domestic violence counselors and mental health professionals and attorneys who have been trained in LGBT-domestic violence issues.

## LOVE IS RESPECT HOTLINE

**(866) 331-9474**

**TEXT "LOVEIS" TO 22522**

<https://www.loveisrespect.org/>

Available 24/7 to offer education, support and advocacy to teens and young adults, as well as their concerned friends and family members, who have questions or concerns about their dating relationships.

## MALE SURVIVOR

**NO HOTLINE**

<https://www.malesurvivor.org/>

Provides information to male survivors of sexual abuse, including links to crisis services and therapists.

## NATIONAL DOMESTIC VIOLENCE HOTLINE

**(800) 799- SAFE (7233)**

**(800) 787- 3224 (TTY)**

<https://www.thehotline.org/>

This 24/7 confidential hotline is available to survivors of intimate partner violence, their friends and family, and for people who are (or feel they are in danger of) causing harm to their partner. The hotline can connect you to local services.

## NATIONAL HUMAN TRAFFICKING HOTLINE

**(888) 373-7888**

**TEXT OPTION: 233733**

<https://humantraffickinghotline.org/>

A 24-hour national anti-trafficking hotline and resource center with live chat and text options.

## NATIONAL SUICIDE PREVENTION LIFELINE

**(800) 273-8255**

<https://suicidepreventionlifeline.org/>

Free and confidential support 24/7 for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

## RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN) HOTLINE

**(800) 656-HOPE**

<https://www.rainn.org/>

This 24-hour confidential hotline routes callers to the nearest sexual assault service provider and provides sexual assault victims with local resources that can assist with next steps toward healing and recovery.

## SUBSTANCE ABUSE SERVICE HELPLINE, LA COUNTY

**(844) 804-7500**

<http://publichealth.lacounty.gov/sapc/>

Delivery of a full spectrum of prevention, treatment, and recovery support services to reduce the impact of substance use, abuse, and addiction in Los Angeles County open 24 hours a day.

## TEENLINE

**(310) 855-HOPE OR TEXT "TEEN" TO 839863**

<https://teenlineonline.org/>

Confidential teen-to-teen peer helpline that offers advice, referrals, crisis intervention and prevention.

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 Sexual Violence

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For questions or concerns, contact the Office of Women's Health  
Gender Based Violence Unit at [GBV@ph.lacounty.gov](mailto:GBV@ph.lacounty.gov)